

TENTATIVE ABSC 2019 Summer Long Course Practice Schedule, May 20th – July 25th.

The ABSC Summer long course practice schedule will take place in three phases:

1. **Week of May 20th, some swimmers still in school:** This will be May 20th- 24th. The morning practices will be the same as our “normal “practice schedule. See Item 2 Below
2. **Swim Camp Schedule:** May 27th – June 7th. Modified schedule while UGA Swim camp is taking place at the Ramsey Center. See item 3 below.
3. **Normal Practice Schedule:** From June 10th – July 25th. This is our base schedule for the summer.

Below is the full schedule for each of the three phases:

1. Normal Practice Schedule, June 10th – July 25th. All practices at the Ramsey Center.

Group	AM Practices	PM Practices
Senior 1	9-11 AM: Monday – Friday @ Ramsey.	2-4 PM: Mon/Tues/Thurs @Ramsey
Dawgs	9-11 AM: Monday – Friday @ Ramsey	2-4 PM: Tues/Thurs @Ramsey
Superpups	11 AM – 12 Noon: M/W/F @Ramsey	2-3:30 PM: Tues/Thurs @Ramsey
Senior 2	11 AM -12 Noon: M/W @ Ramsey,	2-3:30 PM: Tues/Thurs @Ramsey
Pups	11AM - 12 Noon: Friday @ Ramsey	2-3 PM: Tues/Thurs @Ramsey

2. Week of May 20th: Some schools still in. May 20-24. All practice at the Ramsey Center.

- **Senior 1:** M-F, 9-11 AM. M-W, Make-up practice for swimmers still in school (5:30-7:30 PM)
- **Dawgs:** M-F, 9-11 AM. M-W, Make-up practice for swimmers still in school (5:30-7:30 PM)
- **Supers:** M-F, 11 AM – Noon. M-W, Make-up practice for swimmers still in school (5:30-7PM)
- **Pups:** T/Th/F, 11 AM – Noon. M-W Make-up practice for swimmers still in school (5:30-6:30)
- **Senior 2:** M-Th, 11 AM – Noon. Make-up practice for swimmers still in school (5:30-7:00 PM)

3. Swim Camp Schedule: Two weeks, May 27th – June 7th. Practices at Ramsey and Bishop Park. **No** practice on Memorial Day, Monday May 27th.

Senior 1.

- AM Practice: 9-11@ Ramsey. **PM practice:**
 - Tues/Weds/Fri Labor Day week, 2-4 PM Tuesday, 3:30 – 5:00 PM Wed/Fri.
 - Mon/Wed/Fri week of June 5th (3:30 – 5:00 PM)

Dawgs AM = Tuesday – Friday 7:30-9:30 AM @ Bishop Park. PM practice = 2-4 PM @ Ramsey - Tues/Thurs only each week

Supers = Tuesday – Friday 7:30-9:00 AM@ Bishop Park, No PM during this schedule

Senior 2 = 7:30-9:00 AM@ Bishop Park Wed/Fri, 2-3:30 PM @ Ramsey Tues/Thurs

Pups = 2-3 PM Tues/Thurs only @ Ramsey.