



*March Pentathlon and 1650 Meet*

*March 2<sup>nd</sup>, 2019*

<b>HOST</b>	Lanier Aquatics - (LA)
<b>SANCTION: Approved Meet</b>	Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction/Approval #: <b>GA19-033/APP</b>
<b>LIABILITY:</b>	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and Lanier Aquatics., City of Gainesville, Ga., shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone or loss of or damage of any kind to any personal property during the conduct of this meet or during travel to or from this meet.
<b>MEET DIRECTOR:</b>	Jim Young - <a href="mailto:jimyoung1@mindspring.com">jimyoung1@mindspring.com</a> - Cell (770) – 519-6500
<b>MEET REFEREE:</b>	Dave Furlong - <a href="mailto:atlfurlong@gmail.com">atlfurlong@gmail.com</a>
<b>STARTER:</b>	Tom Weyrich
<b>STROKE AND TURN:</b>	Lisa Davis
<b>ADMIN OFFICIAL:</b>	Jim Young
<b>SAFETY MARSHALS:</b>	Frances Meadows Center staff
<b>FACILITY:</b>	Frances Meadows Aquatic and Community Center 1545 Community Way, Gainesville, Ga. 30501. 770-533-5850 10 lane 25 yard pool with separate 4 lane 25 yard warm up pool, stadium spectator seating, Colorado timing and scoreboard. The competition course has been certified in accordance with 104.2.2C(4). The pool has been certified as per USA Swimming standards and is on file with USA Swimming. The water depth of the pool is 12 feet at start end and 4 feet at turn end. (measured from a distance of 3' 3 1/2" (1.0 mtr) to 16' 5" (5mtrs) from both end walls.
<b>SCHEDULE:</b>	<ul style="list-style-type: none"> <li>• Sat. Pentathlon – warm ups at 8:00 AM with meet starting at 9:00 AM.</li> <li>• Saturday 1650 Session: Warm up at conclusion of Pentathlon session but not before 11:30 AM.</li> </ul> <p>Meet management reserves the right to change warm up/start times, or split into a 10&amp;U session and an 11&amp; older session if the timeline indicates that this would results in a better use of pool time and space for swimmers, coaches, officials and spectators.</p>
<b>MEET FORMAT:</b>	<ul style="list-style-type: none"> <li>• All events will be Timed Final events. The Pentathlon will be based on swimmers completing the five events in their respective age group and adding the five times attained in each to produce a total time which will be used to determine overall place. Swimmers may swim in fewer than five events but will not be eligible for Pentathlon scoring.</li> <li>• The 1650 will be contested and seeded as a mixed Open event (female/male) and limited to 50 entrants (five heats). Heats will be swum fastest to slowest and a heat will be started every 30 minutes until the event is completed. Swimmers taking more than 25 minutes to finish will be stopped at that point. A seeded program with heat start times will be published no later than Friday morning prior to the meet so swimmers will</li> </ul>

	know when to be at the venue to prepare for their swim. Swimmers please arrange for a timer and counter.
<b>ENTRY DEADLINE:</b>	Entries must be received on or before Fri., Feb. 22nd. Send check and hard copies to: <b>Gainesville Parks and Recreation</b> <b>830 Green Street, NE</b> <b>Gainesville, Ga. 30501</b>
<b>ENTRY FEES:</b>	<ul style="list-style-type: none"> <li>• <b>IND EVENT FEE: \$5.00 / EVENT -LATE ENTRIES: \$10.00 / Event</b></li> <li>• A \$2.00 Ga travel surcharge applies to all non-Georgia LSC registered swimmers.</li> </ul>
<b>AGE DIVISIONS:</b>	8&U, 10&U, 11-12, 13-14, Senior (places divided out by age groups – see “awards”)
<b>ELIGIBILITY:</b>	<b>OPEN</b> to all USA-registered swimmers and teams. Lanier Aquatics will not allow unregistered swimmers, coaches, officials or teams to participate in this meet. All coaches must be USA-registered and certified and will be asked to show their registration credentials at the meet. No swimmer will be permitted to compete unless the swimmer is a member in as provided in Article 302.
<b>ENTRIES:</b>	<ul style="list-style-type: none"> <li>• Swimmers may swim a maximum of six (6) individual events per day.</li> <li>• Deck entries can be made with the clerk of course up to 30 minutes before the start of the session.</li> </ul>
<b>LATE ENTRIES:</b>	Late entries will be accepted at the meet for empty lanes only and will be entered with “No Time”. Swimmers entering late must show proof of USA registration.
<b>ENTRY SUBMISSION:</b>	Please submit entries via Team Manager/Unify. HY-TEK Meet Manager will be used. Email entries are encouraged (send to <a href="mailto:jimyoung1@mindspring.com">jimyoung1@mindspring.com</a> ). Be sure to send hard copy of entries and check by mail. Entries must include the USA Swimming Club Code and each swimmer’s USA Swimming number, first and last name, age, and seeding time for each event entered.
<b>TIME TRIALS:</b>	Time trials will not be offered at this meet.
<b>LIMITS:</b>	The Pentathlon session will be limited to 250 swimmers and the 1650 session to 50 swimmers.
<b>RULES:</b>	<p>Georgia Swimming Tech Suit Policy - <a href="http://www.gaswim.org">refer to www.gaswim.org</a> <b>Select: Meets/Events from the home page to review full policy</b></p> <p>The current USA Swimming, Inc., rules will govern the conduct of this meet unless otherwise noted.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p> <p><b>Deck changes are prohibited.</b> (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.</p> <p>On deck registrations will not be permitted during this event.</p> <p>Dive-over starts may be used if deemed necessary by the meet management.</p>

	<p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program &amp; Events Committee Chair or designee.</p> <p>Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.</p> <p>Swimmers will be responsible for swimming in their assigned heat and lane.</p> <p>Deck Pass is acceptable proof of USA Swimming membership.</p> <p>Swimmers entered in the meet, unaccompanied by a member coach must report to the Meet Referee or Meet Director, prior to the beginning of swimming activities to arrange for coach supervision of warm up, competition and warm down during the meet.</p>
<b>COACHES:</b>	<p>Coaches will be required to sign in and show their USA Swimming coaches registration card or <b>DECK PASS</b> for verification that all certifications are current.</p> <p><b>Coaches Meeting: 7:45 am on Saturday morning.</b></p>
<b>OFFICIALS:</b>	<p>Lanier Aquatics welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 30 minutes prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and shoes. All officials must present at check in, their current LSC Officials Certification Card; <b>OR</b> a recently completed Apprentice Form; <b>AND</b> proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.</p>
<b>MEET COMMITTEE:</b>	<p>The Meet Committee shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, Coaches and athlete members, as appropriate. As defined in the Official Glossary (2018 USA Swimming Rulebook)</p>
<b>AWARDS:</b>	<p>Ribbons will be awarded for 1<sup>st</sup> through 8<sup>th</sup> place for individual events in the Pentathlon session for the 8&amp;U, 10&amp;U, 11-12, 13-14 and Senior age groups. Special Pentathlon awards 1<sup>st</sup> through 3<sup>rd</sup> per age group for overall winners. 1650 awards 1<sup>st</sup> through 8<sup>th</sup> will be given for 12&amp;U, 13-14 and Senior age groups.</p>
<b>SCORING:</b>	<p>Team scores will not be kept for this meet.</p>
<b>CONCESSIONS:</b>	<p>Basic concessions will be offered</p>
<b>GEORGIA WARM-UP POLICY:</b>	<p>The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities.</p> <p>Refer <a href="http://www.gaofficials.org/documents">www.gaofficials.org/documents</a></p>
<b>GEORGIA SCRATCH RULE:</b>	<p>Refer <a href="http://www.gaofficials.org/documents">www.gaofficials.org/documents</a></p>
<b>MISC. INFORMATION:</b>	<p>Visit <a href="mailto:lanieraquatics@gainesville.org">lanieraquatics@gainesville.org</a> for further team information</p>

# Order of Events

Lanier Aquatics Pentathlon and 1650 Meet

March 2<sup>nd</sup>, 2019

Pentathlon Session

Warm ups 8:00, Start 9:00

Girls Event Numbers	Event	Boys Event Number
1	Senior 50 fly	2
3	13-14 50 fly	4
5	11-12 50 fly	6
7	10&U 50 Fly	8
9	8&U 25 Fly	10
11	Senior 50 Back	12
13	13-14 50 Back	14
15	11-12 50 Back	16
17	10&U 50 Back	18
19	8&U 25 Back	20
21	Senior 50 Breast	22
23	13-14 50 Breast	24
25	11-12 50 Breast	26
27	10&U 50 Breast	28
29	8&U 25 Breast	30
31	Senior 50 Free	32
33	13-14 50 Free	34
35	11-12 50 Free	36
37	10&U 50 Free	38
39	8&U 25 Free	40
41	Senior 100 IM	42
43	13-14 100 IM	44
45	11-12 100 IM	46
47	10&U 100 IM	48
49	8&U 100 IM	50

## 1650 Session – Warm Ups Start Not Before 11:30

51	Mixed Open 1650	51
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Entry Summary Sheet

Lanier Aquatics March 2<sup>nd</sup> Pentathlon and 1650 Meet 2019

Team Name \_\_\_\_\_ Abbv. \_\_\_\_\_

Coach \_\_\_\_\_ Phone \_\_\_\_\_

Team Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Fax \_\_\_\_\_

No. of Swimmers    No. Ind. Events

12&U Girls    \_\_\_\_\_    \_\_\_\_\_

12&U Boys    \_\_\_\_\_    \_\_\_\_\_

Sen. Girls    \_\_\_\_\_    \_\_\_\_\_

Sen. Boys    \_\_\_\_\_    \_\_\_\_\_

Totals    \_\_\_\_\_    \_\_\_\_\_

X \$2 (non Ga LSC)    X \$5 = Total Due \_\_\_\_\_

Make Checks Payable to:    Gainesville Parks and Recreation

Mail to:    Gainesville Parks and Recreation

830 Green Street, Gainesville, Ga. 30501

**Deadline is Fri., Feb. 22nd, 2019**

I certify that all swimmers entered in this meet are USA-registered.

**I have reviewed RULE 302.4 FALSE REGISTRATION and understand that: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.**

In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and Lanier Aquatics., City of Gainesville, Ga., shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone or loss of or damage of any kind to any personal property during the conduct of this meet or during travel to or from this meet.

Signed \_\_\_\_\_ Title \_\_\_\_\_