



ABSC New Year's Kickoff 2019

Gabrielsen Natatorium, University of Georgia

Athens, Georgia –January 12th – 13th, 2019

Held under the sanction of USA Swimming,

issued by Georgia Swimming.

Sanction#: GA 19-___

In granting this sanction it is understood and agreed that USA Swimming, Georgia Swimming, University of Georgia and Athens Bulldog shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

HOST	Athens Bulldogs (ABSC) www.athensbulldogs.com										
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and Athens Bulldogs Swim Club., shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.										
MEET DIRECTOR:	Jonathan Foggin (jonathan@athensbulldogs.com)										
MEET REFEREE:	Shami Jones (shamicjones@gmail.com)										
STARTER:	David Kennedy										
STROKE AND TURN:	Jeff Krosner										
ADMIN OFFICIAL:	Kay Wang										
SAFETY DIRECTOR:	Emma Lowring (emma@athensbulldogs.com)										
FACILITY:	<p>Gabrielsen Natatorium – University of Georgia 330 River Road Athens, Georgia 30602</p> <p>The University of Georgia's Gabrielsen Natatorium (two 8 lane, 8 foot deep, 25 yard competition courses with a 10 lane warm-up pool). A Colorado Timing System and 8 lane scoreboard will be used during competition. 1000 seats on bleachers provide ample seating, and parking is available in UGA's East Campus Deck. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming and Georgia Swimming. Warm-up lanes will be available.</p>										
ELIGIBILITY:	Open to all swimmers from ABSC, LTG, MAAC, SHOC, TWS, WRA and invited guests. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.										
SCHEDULE:	<table> <tr> <td>Saturday</td> <td>Warm-ups</td> <td>3:00 pm</td> <td>Meet Starts</td> <td>4:00 pm</td> </tr> <tr> <td>Sunday</td> <td>Warm-ups</td> <td>9:00 am</td> <td>Meet Starts</td> <td>10:00 am</td> </tr> </table>	Saturday	Warm-ups	3:00 pm	Meet Starts	4:00 pm	Sunday	Warm-ups	9:00 am	Meet Starts	10:00 am
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Sunday	Warm-ups	9:00 am	Meet Starts	10:00 am							
MEET FORMAT:	All events will be conducted on a Timed Final basis. Depending on timelines, Meet Management reserves the right to run two competition courses.										

SEEDING:	All events will be pre-seeded. EXCEPTION of the 500 Free. (Swum slowest to fastest). In order to be seeded into the 500 Free, swimmers must check in with the Clerk of Course. Clerk of Course will close for check-in 30 minutes prior to the beginning of each session.
ENRTY LIMIT:	The meet will be limited to 600 swimmers. Swimmers can swim no more than four (4) individual events per day.
ENTRY SUBMISSION:	Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered.
ENTRIES:	Please submit entries via e-mail using a format compatible with Hy-Tek's Meet Manager. The entry deadline will be Thursday, January 3rd, 2019.
ENTRY FEES:	Ind. event Fee: \$4.50 / Late Entries: \$9.00 / \$15.00 per Swimmer Facility Charge. A \$2.00 Ga travel surcharge applies to all non-Georgia LSC registered swimmers.
LATE ENTRIES	On site late entries will be permitted only if open lanes are available. No additional heats will be created in pre-seeded events. Late entry fees will be double the original entry cost; meet surcharges may also apply. All swimmers entering late must show proof of USA registration to the Clerk of Course to verify their current USA membership.
RULES:	<p>Georgia Swimming Tech Suit Policy - refer to www.gaswim.org</p> <p>The current USA Swimming, Inc., rules will govern the conduct of this meet unless otherwise noted.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. Swimmers entered in the meet unaccompanied by a member coach must report to the Meet Referee or Meet Director, prior to the beginning of swimming activities, to arrange for coach supervision of their warm up, competition and warm down</p> <p>Deck changes are prohibited. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.</p> <p>On deck registrations will not be permitted during this event.</p> <p>Deck Pass is acceptable proof of USA Swimming membership.</p>

	<p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair or designee.</p> <p>Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.</p> <p>Swimmers will be responsible for swimming in their assigned heat and lane.</p> <p>Swimmers entered in the meet, unaccompanied by a member coach must report to the Meet Referee or Meet Director, prior to the beginning of swimming activities to arrange for coach supervision of warm up, competition and warm down during the meet.</p>
USA-S MEMBERSHIP:	<p>All swimmers must be registered with USA-Swimming. All coaches must be members of USA-S and must meet current safety training requirements. Any coach not having current USA-S certification will be barred from the deck. All officials must be Non-Athlete registered with USA Swimming and certified in their respective LSC's. Deck Pass will be accepted as proof of registration. On-deck athlete registrations will not be accepted during this event.</p>
COACHES:	<p>Coaches must wear their coaches' registration card at all times on the deck. DECK PASS is a valid form of verification that all certifications are current.</p> <p>There will be a coaches meeting held in the hospitality room on JANUARY 12th at 2:45 pm</p>
OFFICIALS:	<p>Athens Bulldogs Swim Club welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.</p>
MEET COMMITTEE:	<p>Unless otherwise specified in the meet announcement, the Meet Committee shall consist of the Meet Director, Meet Referee, and coach and athlete members as appropriate. As defined in the Official Glossary (2018 USA Swimming Rulebook)</p>

AWARDS:	NO awards will be given
SCORING:	This meet WILL NOT be scored
RESULTS:	Results will be posted both on Meet Mobile and at www.athensbulldogs.com
HOSPITALITY:	Will be provided eligible individuals (i.e. Coaches, Officials, Volunteers)
GEORGIA WARM-UP POLICY:	The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities. Refer www.gaofficials.org/documents
GA SCRATCH RULE:	Refer www.gaofficials.org/documents
SAFETY INFORMATION:	In the interest of safety, coaches and swimmers shall observe all posted rules and conduct themselves in a safe and prudent manner. Coaches are reminded to tell their swimmers that the depth of the competition pool is 8 feet at the starting ends. Swimmers should always use caution when diving from the blocks. Spectators are asked to remain in the stands. Coaches are advised to supervise their swimmers closely at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. No running or horseplay will be tolerated.

ORDER OF EVENTS

WOMEN		MEN
	SATURDAY, JANUARY 11th Warm up: 3:00 pm—Meet Start: 4:00 pm	
1	12 & Under 200 Free	2
3	Open 200 Free	4
5	12 & Under 100 Breast	6
7	Open 200 Breast	8
9	12 & Under 50 Back	10
11	Open 100 Back	12
13	12 & Under 100 Fly	14
15	Open 200 Fly	16
17	12 & Under 50 Free	18
19	Open 50 Free	20
21	12 & Under 200 IM	22
23	Open 100 IM	24
	SUNDAY, JANUARY 12th Warm up: 9:00 am –Meet Start: 10:00 am	
25	12 & Under 100 Free	26
27	Open 100 Free	28
29	12 & Under 50 Breast	30
31	Open 100 Breast	32
33	12 & Under 100 Back	34
35	Open 200 Back	36
37	12 & Under 100 IM	38
39	Open 200 IM	40
41	12 & Under 50 Fly	42
43	Open 100 Fly	44
45	12 & Under 500 Free*	46
47	Open 500 Free*	48

* Depending on timelines, meet management reserves the right to limit the 500 Free to four heats each. If heats are limited, swimmers who are seeded 33rd or higher will be given the opportunity to switch into another event.

Georgia Swimming

Meet Safety Guidelines and Warm-up Procedures

I. Meet Safety Guidelines

A. Coaches Responsibilities

1. Coaches shall instruct their swimmers regarding swimming safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
2. Coaches shall instruct their swimmers regarding swimming safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
3. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and at all practices.
4. Coaches should maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
5. Coaches should stand near the starting end of the pool when starting swimmers on sprint or pace work.

B. Host Team Responsibilities

1. Marshaling
 - a. A minimum of two marshals who report to and receive instructions from the Meet Referee and/or Meet Director, shall be on deck during the entire warm-up session.
 - b. Whenever a sprint lane is open, an additional Marshall must be assigned to that lane's starting block.
 - c. Marshals shall be members of United States Swimming.
 - d. Marshals shall have the authority to move from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines of warm-up procedures.
2. Host teams shall provide signs for each lane at both ends of the pool which indicate the designated use during warm-up.
3. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the meet information:
"Georgia Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet."
4. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
5. Hazards in locker rooms, on deck areas, used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
6. All starting platforms shall be anchored to the deck or bulkhead to remain stable at all times in accordance with United States Swimming rules.

C. Miscellaneous

1. Backstrokers shall insure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. During competition, backstrokers shall enter the water feet first when given permission by the starter to enter the water. The penalty for failure to comply is disqualification.

Georgia Swimming Scratch Rule

The Scratch Rule used in all meets in Georgia where the meet format includes preliminary heats, consolation finals, and finals, is the same "Scratch Rule" as found in Section 207.12 Administrative Conduct of USA Swimming Championships, of the 2010 USA Swimming Rules and Regulations. Certain Georgia LSC additions listed below apply to all timed final meets as well.

207.12.6.D. Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

Georgia LSC Additions (Unless otherwise stated in the final sanctioned Meet Information):

- (1) Swimmers that qualify for any additional heats beyond the above mentioned "C, B and A" final heats as announced in the Meet Information will also be subject to the above rules concerning scratching from finals.
- (2) In all deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number individual entries to be accepted for deck-seeded events.
- (3) There is no scratch rule governing relays and there is no penalty regarding relay scratches.
- (4) Qualifiers for all finals heats and the first and second alternates are those as identified the original results of the preliminary heat. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results been posted shall not be subject to penalty.
- (5) The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
- (6) On the final day of LSC Championship competitions, any swimmer who has checked for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
- (7) A "Positive check-in procedure" shall be used for deck seeded events. A swimmer's intent to swim a race shall be denoted by the swimmer's or swimmer's coach's initials entered next to the swimmers name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD, April 18, 2010

ABSC New Year's Kickoff Entry Summary

Team Name _____

Official Abbreviation _____ Coach _____

Address _____

City _____ State _____ Zip _____

Phone Numbers (w) _____ (h) _____ (e-mail) _____

Total Swimmers _____ X \$15.00 Surcharge = _____

Total Ind. Entries _____ X \$4.50 Entry fee = _____

Total Due _____

Make checks payable to: Athens Bulldog Swim Club (Please write one check only)

**Send Entry Fee and Waiver to:
Athens Bulldog Swim Club
Attention: Ceci Churchwell
PO Box 7595
Athens, GA 30604**

**Entries should be e-mailed to
Jonathan Foggin
jonathan@athensbulldogs.com**

Entries must be received by **Thursday, January 3th, 2019.**

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative verify that all of the swimmers and coached listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming Inc. regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

The University of Georgia, Athens Bulldog Swim Club, Georgia Swimming, Inc. and USA Swimming, its agents, employees and coached shall be free from any liability or claim for damages rising by reason of illness or injury to anyone during the conduct of this meet.

Signature/Title _____

Athens Hotels

Georgia Gameday Center

1.5 miles to Natatorium

The Georgia Gameday Center is located in the heart of Downtown Athens, Georgia, with easy access to the University of Georgia, Sanford Stadium, 40 Watt Club, the Classic Center, and the Athens Convention and Visitors Bureau. The Georgia Gameday Center offers southern style friendly service, a great location, easy access to downtown shopping and the University of Georgia campus, and 133 beautiful units. Of course, complimentary transportation to and from the downtown locations is available at the concierge desk.

250 West Broad Street (706) 583-4500

Athens, GA 30601

The Foundry Park Inn

2.0 miles to Natatorium

Built in a village setting, The Foundry Park Inn is the newest most exclusive Inn and Spa in Athens. It is centrally located in Downtown Athens. Each room is equipped with a High Bed featuring feather down comforter & pillows, hair dryers and spa toiletries, two telephones lines with voice mail to accommodate your data port for internet access, ironing board & iron, coffee maker, AM/FM Clock Radio, Cable TV, and a complimentary weekday newspaper.

295 E. Dougherty Street (706) 549-7020

Athens, GA 30601

Hotel Indigo

2.0 miles to Natatorium

Situated in an ideal downtown location and boasting a unique design, the Hotel Indigo is truly an inspiring alternative to the typical hotel stay. Leisure visitors simply love the hotel's downtown location in Athens, Georgia. We have everything to create an unforgettable experience in Athens, GA. The hotel's unique design and attention to details are unmatched. As a green hotel, we are one of only 15 hotels awarded LEED Gold Certification by USGBC. We're even pet-friendly and provide special amenities for your furry friend! Relax with a drink or dinner at Madison Bar and Bistro.

500 College Avenue (706) 546-0430

Athens, GA 30601

Country Inn & Suites

3.5 miles to Natatorium

Enjoy comfort and convenience at the Country Inn & Suites Athens, Georgia. Our hotel's great features include a beautiful four-story atrium lobby, along with charming décor and comfortable amenities. We provide numerous excellent services, such as free high-speed, wireless Internet access and a delicious complimentary breakfast. Our hotel's location in Athens, Georgia is also convenient to top attractions and restaurants, and we're just two miles from UGA.

236 Old Epps Bridge Rd. (706) 612-9100

Athens, GA 30601

Hilton Garden Inn

1 mile to Natatorium

The Hilton Garden in downtown Athens has 185 sleeping rooms located in the heart of historic downtown and across the street from the Classic Center., Athens's premier convention and performing arts center. The hotel is located 2 blocks from the UGA Campus with easy access to downtown restaurants, shops, and the world renowned music scene.

390 E. Washington St. (706) 354-6400

Athens, GA 30603

Holiday Inn

1 mile to Natatorium

Holiday Inn is Athens' only full service and four diamond hotel with 308 guest rooms and suites. Holiday Inn guests enjoy the comfort of in house restaurant, lounge, meeting rooms for up to 300, exercise facility and indoor pool, sundeck and whirlpool. Deluxe accommodations are available. Across the street from Downtown and UGA Campus.

197 E Broad Street (706) 549-4433

Athens, GA 30603

Holiday Inn Express

1 mile to Natatorium

As one of Athens' newest hotels it features a deluxe continental breakfast bar, fitness and business center, outdoor pool, great rooms, free local calls, coffee maker, hair dryers, iron, and data ports.

513 W Broad Street (706) 549-4433

Athens, GA 30603

Hampton Inn

3 miles to Natatorium

The Hampton Inn offers each guest a complimentary expanded continental breakfast and free local calls. Each room is equipped with a coffee maker, iron and ironing board, and hair dryer. The Hampton Inn also has a fitness center and a business center, with a computer available for use by their guests. The outdoor pool is available in the Spring and Summer.

2220 West Broad (706) 548-9600

Athens, GA 30601