



## ABSC's Summer League Tune-up: Session 2!

Summer will be here faster than you think! It's time to give your swimmers a tune-up before the summer swim season! We'll teach the basics to newer swimmers and touch up key skills for veterans looking to be competitive again this summer! For the first time, we're offering two different practice options: an elementary practice and a middle/high school practice. Read about it below!

You can register today! Sign up here: [Summer Tune-up 2 Sign-ups.](#)

**Where:** The Athens YWCO: 562 Research Dr, Athens, GA 30605

**When:** Tuesday, Apr. 9th – Friday, May. 10th. (5 weeks).

### Days and Times:

- Elementary Practice: Tuesday, Thursday and Friday, 4-5 pm.
- Middle/High School Practice: Monday, Wednesday, Friday 5-6 pm.

### Cost:

- All three days – Cost = \$175
- Tuesday/Thursday – Cost = \$150
- Tuesday/Friday – Cost = \$150
- Thursday/Friday – Cost = \$150

**Who:** Swimmers aged 5 - 16 who want to have fun and improve their swim technique with certified USA swimming coaches. Ranges from novice swimmers, to swimmers that have competed for years.

Email Mike Radford with questions at [mike@athensbulldogs.com](mailto:mike@athensbulldogs.com)

*\*\*Swimmers must be able to complete one 25-yard lap of freestyle unassisted.*

Click the following link to learn more about [ABSC's Stroke Clinic Series.](#)