

2015 Georgia Senior Long Course Championships

July 24-26, 2015

Host Club

Athens Bulldog Swim Club
www.athensbulldogs.com

Sanctioned by

Georgia Swimming Inc.
www.gaswim.org

Meet Sanction: **GA15-0785TT**

Meet Referee

Stu Hixon

smhixon@aol.com

Starter:

Stroke & Turn Judge:

Administrative Official:

Meet Director/Entries

Jonathan Foggin

jonathan@athensbulldogs.com

Georgia Senior Committee Chairperson

Neil Harper

aslcoachneil@gmail.com

Safety Marshall

Mike Radford

mike@athensbulldogs.com

Facility

UGA's Ramsey Student Center/Gabrielsen Natatorium
330 River Rd.
Athens, GA 30602

The meet will take place in the Gabrielsen Natatorium's state of the art 50 meter x 25 yard competition pool. One eight lane 50 meter course will be used for competition during the meet. An Eight lane 25yd warm-up/down pool will be available throughout the course of the meet. A Colorado System 6 automatic timing system, non-slip touch pads, non-turbulent lane lines, and two 8-lane score boards will be used. Paid parking will be available onsite in Lot E-04 (UGA's East Campus Deck). The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming & Georgia Swimming. The pool depth at the start end is 8 feet and 8 feet at the turn end.

Eligibility

Open to all swimmers registered with Georgia Swimming who have achieved the required qualifying time standard for each event entered since July 27th, 2014 (see "Qualifying times"). Swimmers who have achieved the qualifying standard in the 1650, 1000, 1500, or 800 Free may enter the 800/1500 free.

Format

Individual Events

- All individual events will be conducted on a Preliminary and Final basis with the exception of the 800 and 1500 Freestyles, which will be conducted as a timed final event.
- The 800/1500 freestyle heats will be swum fastest to slowest, alternating Women then Men, with all heats being conducted at the end of Sunday's Prelims. *Note – Positive check-in deadline for the 800/1500 Freestyle is 12:30 PM on Saturday. Distance heat sheets will be available during the Saturday Finals session.
- The 400 IM and 400 Freestyle preliminary heats will be seeded as follows: fastest four heats swum slowest to fastest (4 women, then 4 men), followed by remaining heats swum fastest to slowest alternating women/men. *Note – Positive check-in deadline is 8:00 AM for these races on the day of the event.
- There may be a 10 minute rest break in prelims each day before the start of that day's distance event (400 IM, 400 Free, 800/1500 Free). Meet management will decide and will be announced at the coaches' meeting Friday morning.
- Championship, Consolation, and two Bonus heats (four heats in all) will be swum in all prelim/final events except for the 400 IM and 400 Free where only a Championship and Consolation final heat will be conducted. Eight lanes will be used for all finals heats.
- The order of the finals heats will be A-B-C-D. For the 400 Free/400 IM it will be A-B. *Note – Those swimmers named as First and Second Alternate in each prelim/final event must stand by the starter at the beginning of the event for which they are named if they wish to swim.
- For A-B-C-D finals for events longer than 50m, the names of the athletes in the A finals will be announced before the race begins and the names of the athletes in the B-C-D finals will be announced during the race.
- For A-B-C-D finals for all 50m events, the names of the all athletes will be announced before the each races begins.



Relay Events

- All Relays will be conducted as Timed Final events.
- Each team is limited to two entries of each gender for all 200 and 400 relays, and one entry per gender for the 800 free relay.
- All 200 Free and 200 Medley Relays will be swum at the beginning of the Prelims sessions on Friday and Saturday, respectively. These events will be pre-seeded, and there is no positive check-in required.
- All 800 Free relays will be swum at the end of the Finals session on Friday. Positive check-in required by 5:30 PM on Friday.
- The 400 Medley relays will be swum at the end of the Finals session on Saturday. Positive check-in required by 5:30 PM on Saturday.
- The 400 Free relays will be swum during the Prelims session on Sunday (before the 800/1500 freestyles). Positive check-in required by 8:00 AM on Sunday.

In order to maintain a reasonable timeline and to regulate the continuity of the meet the Meet Director, in consultation with the Meet Management Committee (Meet Director, Senior Committee Chair, Meet Referee and Athlete) reserves the right to make the final decisions on the following: Diver over starts; rest breaks; scheduling of time trial swims; other issues that affect the management, versus the conduct, of the meet.

Entry Limit

- Swimmers will be limited to competing in three (3) individual events per day plus relays. Time trial events are included in the daily limit.
- Any swimmer that competes in more than their daily limit will be disqualified from the last event(s) of that day.
- Each team will be limited to two (2) relay team entries per event, except for the 800 Free Relays which will be limited to one entry per team per event.

Rules

- The current USA Swimming Rules and Regulations will govern the conduct of the meet.
- Any swimmer, who qualifies for finals on the last day of competition, does not scratch, and subsequently “no shows”, will be fined \$50.00. This fine must be paid before the next championship meet or the swimmer will not be allowed to compete in the next championship meet (see “Georgia Scratch Rule”).
- Swimmers will be responsible for swimming in their assigned heats and lanes.
- The Meet Referee may elect to change and/or combine heats and/or events, and determine the need to do dive-over starts. Every reasonable effort will be made to notify teams of any changes.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- Deck Change - Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related act. The practice of Deck Changing is prohibited at all USAS Sanctioned events. Swimmers participating in deck changing would be in violation of the USA Swimming Rule 202.2.91 and could be subject to removal from further competition in the meet.
- Only coaches, swimmers, official and volunteers will be allowed on the pool deck.
- The Diving boards, platform, and any equipment related to the diving team is off limits to all.

Schedule

Georgia Swimming warm-up procedures and rules must be followed.

All Preliminary Sessions: Warm-Up 7:00 AM; Meet Start 8:30 AM

All Finals Sessions: Warm-Up 5:00 PM; Meet Start 6:00 PM

Check in

In order to be seeded into the deck-seeded events, swimmers and relay teams must check-in with the Clerk of Course by the times shown below.

- Friday
 - 8:00 AM for the 400 IM and late entries
 - 10:00 AM for time trials held after prelims. See meet referee with requests for time trials after prelims.
 - 5:30 PM for the 800 Free Relays
- Saturday
 - 8:00 AM for the 400 Free and late entries
 - 10:00 AM for time trials held after prelims. See meet referee with requests for time trials after prelims.
 - 12:30 PM for the 800/1500 Free
 - 5:30 PM for the 400 Medley Relays
- Sunday
 - 8:00 AM for the 400 Free Relays and late entries
 - 10:00 AM for time trials held after prelims. See meet referee with requests for time trials after prelims.

Entry Format

- Please submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, seed times for each event entered, and their USA Swimming registration number.
- Swimmers entered in the meet that are only competing as members of relay teams must be entered with all other participants for the purpose of verifying USA Swimming registration. Their names and USA Swimming registration numbers should be submitted on the hard copy as relay-only swimmers.
- A completed and signed 'Entry Summary and Liability Release Form' and a signed copy of the entries must be received before the entries are considered complete. Swimmers and Teams cannot participate until their entries are complete.
- Email entries should include an attachment representing the Hy-Tek Entry File; an attachment in Word or PDF format of those same Hy-Tek entries.
- **Submit Email entries to**
 - **Jonathan Foggin:** _____ jonathan@athensbulldogs.com
- **Checks/waivers should be mailed to:**
Athens Bulldog Swim Club, Attention: Ceci Churchwell
PO Box 7595
Athens, GA 30604

Entry Deadline

*All entries must be received by **Friday, July 17th, 2015**. Please waive signature on all overnight deliveries*

Entry Fees

- Individual Events: \$6.50
- Relay Events: \$12.00
- Swimmer Surcharge: \$15.00
- Time Trials: \$7.00
- Late Entries: Double the standard entry fee

Late Entries

On site late entries will be permitted only if open lanes are available and will be seeded with NT. No additional heats will be created in pre-seeded events. Late entry fees will be doubled for individual and relay events. **Coaches late-entering swimmers on site must have proof of USAS registration for each late-entering swimmer.** Late entries will be accepted up until 30 minutes prior to the start of the affected session.

Proof of Times

Swimmers who enter this state championship meet must have achieved a time equal to or faster than the qualifying standard for each event entered since **July 27th, 2014**. The final results for each event will be reviewed by the appointed designee assigned by the LSC Chairperson of Georgia Swimming to determine each swimmer's eligibility for this meet. If a swimmer fails to achieve the qualifying standard at this meet and cannot prove that he/she achieved the qualifying standard before the entry deadline, then Georgia Swimming, Inc. will invoke a fine of \$50.00 against the team of said swimmer, or against the swimmer if unattached, for each non-qualifying time. Failure to pay in the manner prescribed by Georgia Swimming, Inc. will result in the barring of said team/individual from participating in the next (and all subsequent) state championship meets until such time as the fine is paid in full. Make checks payable to "Georgia Swimming". Proof of times is not required for relays.

Scoring

- Individual and Relay events will be scored to 16 places. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event.
 - Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
 - Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards

- The three highest scoring teams in each division will receive awards. These awards will be announced following the conclusion of the last finals session of the meet. For this meet, teams will be assigned to one of three divisions based upon the number of registered swimmers on each team as of November 28th, 2014. The divisions will be:
Division I 201+ swimmers Division II 81-200 swimmers Division III 1-80 swimmers
- There will be no awards for individual or relay events.
- **Outstanding Swimmer Award** – A special award will be presented to the "Outstanding Female Swimmer" and "Outstanding Male Swimmer". These awards will be presented to the swimmer who scores the most individual points.

Coaches

Coaches must sign in with the Clerk of Course and show their current USA Swimming coach's registration card. Coaches must display their credentials while on the pool deck and in hospitality. All coaches will be asked to provide contact information valid during the meet.

Meeting

A coaches' meeting will be held Friday July 24th @6:45 AM. At least one coach from each team is requested to attend since coaches are responsible for any and all information discussed and disseminated at the meeting. Subsequent meetings will be arranged if needed. Coaches arriving late should check-in with the Clerk of Course upon arrival.

Time Trials

- Time trials will be offered to those swimmers making an attempt to achieve sectional or above qualifying times.
- Swimmers must be entered in the meet in at least one individual event.
- Swimmers will be limited to no more than three time trials for the meet, and each time trial will count against the three individual event limit per day for the day it is swum.
- Time Trial events may be combined.
- Swimmers intending to time trial after prelims must register with the Clerk of Course no later than 10:00 AM each day. Swimmers wishing to time trial after any finals session should see the referee before the end of the affected finals session. All fees must be paid when the intention is filed. Cost is \$6.00 per time trial.
- Time Trials will be scheduled and conducted following the prelims each day and/or other convenient times as determined by the meet committee and shall be swum in the order listed under the meet program as follows:
 - **Friday:** Friday Events/Saturday Events/Sunday Events
 - **Saturday:** Saturday Events/Sunday Events/Friday Events
 - **Sunday:** Sunday Events/Friday Events/Saturday Events

Seeding

- All events will be pre-seeded with the exception of the 400 IM, 400 Free, 800/1500 Free, 400 Medley Relay, 400 Free Relay, and 800 Free Relay. These events will require a positive check-in at the Clerk of Course according to the times shown under "Check-in".
- Any swimmers entered with "NT" will be seeded using the Long Course time standard for that event.
- Any swimmer entering the 800 or 1500 Free based on their qualifying time in the other distance should be entered at the Long Course time standard.

Georgia Scratch Rule

The Georgia Scratch Rule will be in effect for all events and is attached.

Supervision

A current coach member of USA Swimming must supervise each swimmer participating in this meet during warm-up and competition. An athlete not escorted by a current coach member must check-in with the Meet Referee upon arrival at the meet. Such athletes will be assigned a member coach who will supervise him/her during warm-up and competition.

Officials

- Athens Bulldog Swim Club welcomes visiting officials and would appreciate help in officiating this meet. Any certified official or apprentice registered with USAS is encouraged to contact the Meet Referee prior to the meet or contact the Meet Referee 90 minutes prior to the session you wish to work. As a reminder, starter apprenticeships are not allowed at the State Championship Meet. Referee apprentices may work at that position at the meet referee's discretion. All officials must wear current USA Swimming registration card while on deck and present current Georgia Officials certification card at check-in. Officials without proper credentials will not be allowed on deck. If you wish to work in a specific position, or have additional questions for the officials, please contact the Meet Referee prior to the meet.
- **Uniform for all event sessions is white collared shirt, navy blue slacks or shorts (or skirts for women), and white tennis/deck shoes.**

Warm-Up

The Georgia Swimming Inc. approved warm-up guidelines will be followed for this meet. Warm-up guidelines will be posted at the pool and each team will be required to furnish one USA Swimming certified Coach to monitor their warm-up period.

Liability

USA Swimming, Inc., Georgia Swimming, Inc., and the Athens Bulldog Swim Club shall be free from any liability or claims arising by reason of injury to anyone during the conduct of the meet. **The attached Liability Form must accompany each team's entry.**

Concessions

Basic concessions will be provided during the meet.

Hospitality

There will be a complimentary hospitality area for coaches, officials, and other volunteers.

Meet Information

For more information, to review psych sheets, or check results visit: www.athensbulldogswimclub.com. Live results will also be available via the Active Network's Meet Mobile smartphone app.

Events						
Friday, July 24 th						
Women's Event Number	Qualifying Standard SCY	Qualifying Standard LCM	Prelims Warm-up: 7:00 am Meet Starts: 8:30 am Finals Warm-up: 5:00 pm Meet Starts: 6:00 pm	Qualifying Standard LCM	Qualifying Standard SCY	Men's Event Number
1	--	--	200 Free Relay (all heats in prelims)	--	--	2
3	1:11.99	1:22.99	100 Breast	1:16.49	1:06.49	4
5	1:58.49	2:14.69	200 Free	2:07.79	1:51.79	6
7	--	--	50 Back	--	--	8
9	59.99	1:07.99	100 Fly	1:04.99	56.49	10
11	4:48.09	5:28.29	400 IM*	5:07.89	4:31.39	12
13	--	--	800 Free Relay (all heats in finals)	--	--	14

Saturday, July 25 th						
Women's Event Number	Qualifying Standard SCY	Qualifying Standard LCM	Prelims Warm-up: 7:00 am Meet Starts: 8:30 am Finals Warm-up: 5:00 pm Meet Starts: 6:00 pm	Qualifying Standard LCM	Qualifying Standard SCY	Men's Event Number
15	--	--	200 Medley Relay (all heats in prelims)	--	--	16
17	02:17.5	02:35.4	200 Fly	02:25.6	02:08.7	18
19	25.39	28.99	50 Free	26.89	23.19	20
21	2:35.69	2:58.99	200 Breast	2:48.29	2:24.69	22
23	1:03.59	1:11.79	100 Back	1:07.59	58.99	24
25	--	--	50 Breast	--	--	26
27	4:38.69	4:45.09	400 Free	4:29.29	5:01.79	28
29	--	--	400 Medley Relay (all heats in finals)	--	--	30

Sunday, July 26 th						
Women's Event Number	Qualifying Standard SCY	Qualifying Standard LCM	Prelims Warm-up: 7:00 am Meet Starts: 8:30 am Finals Warm-up: 5:00 pm Meet Starts: 6:00 pm	Qualifying Standard LCM	Qualifying Standard SCY	Men's Event Number
31	2:16.69	2:34.09	200 Back	2:27.39	2:08.29	32
33	54.79	1:02.39	100 Free	57.59	50.49	34
35	--	--	50 Fly	--	--	36
37	2:15.59	2:33.69	200 IM	2:24.49	2:05.99	38
39	--	--	400 Free Relay (all heats in prelims)	--	--	40
41	10:57.69	9:46.99	800 Free	--	--	--
--	--	--	1500 Free	17:59.99	17:38.89	42

*The 400 IM and 400 Free will be run with the top four heats first, slowest to fastest 4 heats of women then 4 heats of men, and the remaining heats run fastest to slowest alternating women/men.

**All heats of the 800/1500 Free will be swum during prelims fastest to slowest, alternating women/men. Check in for the 1500 Free will be Saturday at 12:30 pm.

***There may be a 10 minute break each day during prelims before the start of that day's distance event (400 IM, 400 Free, 800-1500 Free)

Georgia Swimming Scratch Rule

The Scratch Rule used in all meets in Georgia where the meet format includes preliminary heats, consolation finals, and finals, is the same "Scratch Rule" as found in Section 207.12 Administrative Conduct of USA Swimming Championships, of the 2010 USA Swimming Rules and Regulations. Certain Georgia LSC additions listed below apply to all timed final meets as well.

207.12.6.D. Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

Georgia LSC Additions (Unless otherwise stated in the final sanctioned Meet Information):

- (1) Swimmers that qualify for any additional heats beyond the above mentioned "C, B and A" final heats as announced in the Meet Information will also be subject to the above rules concerning scratching from finals.
- (2) In all deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number individual entries to be accepted for deck-seeded events.
- (3) There is no scratch rule governing relays and there is no penalty regarding relay scratches.
- (4) Qualifiers for all finals heats and the first and second alternates are those as identified the original results of the preliminary heat. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results been posted shall not be subject to penalty.
- (5) The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
- (6) On the final day of LSC Championship competitions, any swimmer who has checked for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
- (7) A "Positive check-in procedure" shall be used for deck seeded events. A swimmer's intent to swim a race shall be denoted by the swimmer's or swimmer's coach's initials entered next to the swimmers name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD, April 18, 2010

Georgia Senior Short Course State Meet

ENTRY SUMMARY SHEET July 24-26, 2015

TEAM _____ OFFICIAL ABBREVIATION _____ COACH _____

OFFICIAL TEAM ADDRESS _____

CITY, STATE, ZIP _____ PHONE # _____ E-MAIL _____

Number of Swimmers _____ Individual Events _____ Relays _____

TOTAL INDIVIDUAL ENTRIES: _____ X \$6.50 = \$ _____

TOTAL RELAY ENTRIES: _____ X \$12.00 = \$ _____

FACILITY SURCHARGE (PER SWIMMER): _____ X \$15.00 = \$ _____

GRAND TOTAL = \$ _____

Submit one check payable to: **The Athens Bulldog Swim Club**

Email Hy-tek entry file and hard copy : jonathan@athensbulldogs.com

Mail check and waiver to: Athens Bulldog Swim Club
Attention: Ceci Churchwell
PO Box 7595
Athens, GA 30604

WAIVER, ACKNOWLEDGEMENT, AND LIABILITY RELEASE:

I, the undersigned coach or team representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with USA Swimming.
I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during the meet.
ABSC, Georgia Swimming, Inc., and USA Swimming, its agents, employees and coaches shall be free from any liability or claim for damages rising by reason of injury to anyone during the conduct of the meet.

Signature/Title

Date

Please include a list of USA Swim coaches who will be attending this meet.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____