



2016 ABSC Senior Circuit Meet

Gabrielsen Natatorium, University of Georgia
Athens, Georgia –January 8th -10th 2016

Sanction#: GA

- SANCTION BY:** Georgia Swimming, Inc., Sanction #
- HOST CLUB:** Athens Bulldogs (ABSC) www.athensbulldogs.com
- MEET DIRECTOR:** Jonathan Foggin (jonathan@athensbulldogs.com)
- MEET REFEREE:** Kathleen Schmaltz (kathleenschmaltz@rocketmail.com)
- SAFETY MARSHALL:** Mike Radford (mike_rad2@yahoo.com)
- FACILITY:** The University of Georgia's Gabrielsen Natatorium (an 8 lane 50 meter competition pool with a 10 lane warm-up pool). A Colorado Timing System and 8 lane scoreboard will be used during competition. 1000 seats on bleachers provide ample seating, and parking is available in UGA's East Campus Deck.
- ELIGIBILITY:** Open to all swimmers registered with USA Swimming who have achieved a 15-16 "A" time standard for each event entered.
- RULES:** Current USA Swimming rules will govern the conduct of this meet. Swimmers are responsible for swimming in the correct heat and correct lane.
- FORMAT:** All events will be Timed Finals. Time Trials will be offered at the discretion of the Meet Director and Referee.
- ENTRY LIMIT:** The meet will be limited to 600 swimmers. Swimmers will be limited to competing in five individual events per day.
- ENTRIES:** Please submit entries via e-mail using a format compatible with Hy-Tek's Meet Manager. Fees, along with the liability release should be sent to the meet director prior to the entry deadline. The entry **deadline will be Wednesday, December 30th, 2015.**

- SEEDING:** With the exception of the 400 IM, 400 Free, and 1500 Free, all events will be pre-seeded. The 400 IM and 400 Free will be swum fastest to slowest. The 1500 Free will be swum fastest to slowest, alternating women and men. Swimmers should be entered using long course times. Non conforming times (SCY) will be accepted, but will be seeded in the earliest heats.
- CHECK-IN:** In order to be seeded into the 400 IM, 400 Free, and 1500 Free, swimmers must check in with the Clerk of Course. Clerk of Course will close for check-in 30 minutes prior to the beginning of each session.
- LATE ENTRIES:** On site late entries will be permitted only if open lanes are available and will be seeded with NT. No additional heats will be created in pre-seeded events. Late entry fees will be double the original entry cost. All swimmers entering late verify their USA-S membership with the Clerk of Course.
- ENTRY FEES** \$4.50 per event
\$15.00 per swimmer facility surcharge
Georgia swimming requires \$2.00 per swimmer surcharge for out of state athletes
- Make checks payable to: Athens Bulldogs**
Entries will not be accepted unless accompanied by fees.
- SCRATCH RULE:** The Georgia Scratch Rule will be in effect (see attached).
- WARM-UP:** The Georgia Swimming, Inc. approved warm-up guidelines will be followed for this meet. Warm-up information will be posted at the pool and each team will be required to furnish one USA Swimming certified Coach to monitor their warm-up period.
- AWARDS:** No awards will be given, nor will the meet be scored.
- RESULTS:** Results will be posted on Active's Meet Mobile and at the ABSC website (www.athensbulldogs.com).
- COACHES:** Teams should provide along with their entries a list of coaches attending this meet. Coaches must show current registration at check in. There will be a coaches' meeting in the hospitality room on Friday, January 8th at 3:45 pm.

OFFICIALS:

Athens Bulldogs (ABSC) welcomes visiting officials and would appreciate help in officiating this meet. Any certified official or apprentice registered with USAS is encouraged to contact the Meet Referee prior to the meet or contact the Meet Referee 60 minutes prior to the session you wish to work. All officials must wear current USA Swimming registration card while on deck and present current Georgia Officials certification card at check-in. Officials without proper credentials will not be allowed on deck. If you wish to work in a specific position, or have additional questions for the officials, please contact the Meet Referee prior to the meet.

SAFETY:

In the interest of safety, coaches and swimmers shall observe all posted rules and conduct themselves in a safe and prudent manner. No one will be allowed to climb to the three, five, seven, or ten meter tower, the practice boards and mats, or the one and three meter diving boards for any reason. The Gabrielsen Natatorium, the Ramsey Student Center, Athens Bulldog Swim Club, and the University of Georgia will not accept responsibility for any person who climbs to an unsafe height for any reason. Coaches are reminded to tell their swimmers that the depth of the competition pool is 8 feet at the starting ends. Swimmers should always use caution when diving from the starting blocks. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not allowed. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

LIABILITY RELEASE:

USA Swimming, Inc., Georgia Swimming, Inc., University of Georgia and Athens Bulldogs shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the meet. THE ATTACHED LIABILITY FORM MUST ACCOMPANY EACH TEAM'S ENTRY.

Order of Events

Friday Evening, January 8th

Warm-up: 4:00 pm

Meet Starts: 5:00 pm

Women's Event Number	Qualifying Standard		Event	Qualifying Standard		Men's Event Number
	SCY	LCM		LCM	SCY	
1	19:48.19	20:27.39	1500 Freestyle	19:07.79	18:39.99	2

Saturday Morning, January 9th

Warm-up: 7:30 am

Meet Starts: 8:30 am

Women's Event Number	Qualifying Standard		Event	Qualifying Standard		Men's Event Number
	SCY	LCM		LCM	SCY	
5	2:09.29	2:27.19	200 Freestyle	2:16.49	1:58.59	6
3	1:15.69	1:26.29	100 Breaststroke	1:18.89	1:07.89	4
13	27.69	31.69	50 Freestyle	27.89	24.79	14
9	5:07.29	5:49.69	400 Individual Medley	5:24.49	4:43.99	10

Saturday Afternoon, January 9th

Warm-up: 4:00 pm

Meet Starts: 5:00 pm

Women's Event Number	Qualifying Standard		Event	Qualifying Standard		Men's Event Number
	SCY	LCM		LCM	SCY	
19	2:24.79	2:46.39	200 Individual Medley	2:32.79	2:12.29	20
21	59.99	1:08.39	100 Freestyle	1:02.19	54.19	22
23	2:21.19	2:42.29	200 Backstroke	2:28.89	2:09.89	24
7	1:05.29	1:13.89	100 Butterfly	1:07.09	58.99	8

Sunday Morning, January 10th

Warm-up: 9:00 am

Meet Starts: 10:00 am

Women's Event Number	Qualifying Standard		Event	Qualifying Standard		Men's Event Number
	SCY	LCM		LCM	SCY	
15	2:42.79	3:05.69	200 Breaststroke	2:49.99	2:28.09	16
17	1:05.39	1:15.99	100 Backstroke	1:09.69	59.79	18
11	2:22.99	2:42.29	200 Butterfly	2:29.09	2:11.39	12
25	5:43.99	5:08.89	400 Freestyle	4:48.69	5:21.19	26

Please note that a TM File with events and time standards will be available for download at:

www.athensbulldogs.com

Georgia Swimming

Meet Safety Guidelines and Warm-up Procedures

I. Meet Safety Guidelines

A. Coaches Responsibilities

1. Coaches shall instruct their swimmers regarding swimming safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
2. Coaches shall instruct their swimmers regarding swimming safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
3. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and at all practices.
4. Coaches should maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
5. Coaches should stand near the starting end of the pool when starting swimmers on sprint or pace work.

B. Host Team Responsibilities

1. Marshaling

- a. A minimum of two marshals who report to and receive instructions from the Meet Referee and/or Meet Director, shall be on deck during the entire warm-up session.
 - b. When ever a sprint lane is open, an additional Marshall must be assigned to that lane's starting block.
 - c. Marshals shall be members of United States Swimming.
 - d. Marshals shall have the authority to move from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines of warm-up procedures.
2. Host teams shall provide signs for each lane at both ends of the pool which indicate the designated use during warm-up.
 3. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the meet information:
"Georgia Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 4. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 5. Hazards in locker rooms, on deck areas, used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.
 6. All starting platforms shall be anchored to the deck or bulkhead to remain stable at all times in accordance with United States Swimming rules.

C. Miscellaneous

1. Backstrokers shall insure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. During competition, backstrokers shall enter the water feet first when given permission by the starter to enter the water. The penalty for failure to comply is disqualification.

Georgia Swimming Scratch Rule

The Scratch Rule used in all meets in Georgia where the meet format includes preliminary heats, consolation finals, and finals, is the same "Scratch Rule" as found in Section 207.12 Administrative Conduct of USA Swimming Championships, of the 2010 USA Swimming Rules and Regulations. Certain Georgia LSC additions listed below apply to all timed final meets as well.

207.12.6.D. Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

Georgia LSC Additions (Unless otherwise stated in the final sanctioned Meet Information):

- (1) Swimmers that qualify for any additional heats beyond the above mentioned "C, B and A" final heats as announced in the Meet Information will also be subject to the above rules concerning scratching from finals.
- (2) In all deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number individual entries to be accepted for deck-seeded events.
- (3) There is no scratch rule governing relays and there is no penalty regarding relay scratches.
- (4) Qualifiers for all finals heats and the first and second alternates are those as identified the original results of the preliminary heat. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results been posted shall not be subject to penalty.
- (5) The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
- (6) On the final day of LSC Championship competitions, any swimmer who has checked for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
- (7) A "Positive check-in procedure" shall be used for deck seeded events. A swimmer's intent to swim a race shall be denoted by the swimmer's or swimmer's coach's initials entered next to the swimmers name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD, April 18, 2010

**2016 ABSC Senior Circuit Meet
Official Entry Summary**

Team Name _____

Address _____

City _____ State _____ Zip _____

Phone Numbers (w) _____ (h) _____ (e-mail) _____

Total Swimmers _____ X \$15.00 Surcharge = _____

Total Ind. Entries _____ X \$4.50 Entry & TT fee = _____

Out of State Swimmers _____ X \$2.00 GA Travel fee = _____

Total Due _____

Make checks payable to: Athens Bulldog Swim Club (Please write one check only)

**Send Entry Fee and Waiver to:
Athens Bulldog Swim Club
PO Box 7595
Athens, GA 30604**

**Entries should be e-mailed to
Jonathan Foggin
jonathan@athensbulldogs.com
Subject: Senior Circuit Entries**

Entries must be received by **Wednesday, December 30th, 2015.**

Coaches in Attendance: _____

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative verify that all of the swimmers and coached listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming Inc. regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

The University of Georgia, Athens Bulldog Swim Club, Georgia Swimming, Inc. and USA Swimming, its agents, employees and coached shall be free from any liability or claim for damages rising by reason of illness or injury to anyone during the conduct of this meet.

Signature/Title _____

Athens Hotels

Georgia Gameday Center

1.5 miles to Natatorium

The Georgia Gameday Center is located in the heart of Downtown Athens, Georgia, with easy access to the University of Georgia, Sanford Stadium, 40 Watt Club, the Classic Center, and the Athens Convention and Visitors Bureau. The Georgia Gameday Center offers southern style friendly service, a great location, easy access to downtown shopping and the University of Georgia campus, and 133 beautiful units. Of course, complimentary transportation to and from the downtown locations is available at the concierge desk.

250 West Broad Street (706) 583-4500

Athens, GA 30601

The Foundry Park Inn

2.0 miles to Natatorium

Built in a village setting, The Foundry Park Inn is the newest most exclusive Inn and Spa in Athens. It is centrally located in Downtown Athens. Each room is equipped with a High Bed featuring feather down comforter & pillows, hair dryers and spa toiletries, two telephone lines with voice mail to accommodate your data port for internet access, ironing board & iron, coffee maker, AM/FM Clock Radio, Cable TV, and a complimentary weekday newspaper.

295 E. Dougherty Street (706) 549-7020

Athens, GA 30601

Hotel Indigo

2.0 miles to Natatorium

Situated in an ideal downtown location and boasting a unique design, the Hotel Indigo is truly an inspiring alternative to the typical hotel stay. Leisure visitors simply love the hotel's downtown location in Athens, Georgia. We have everything to create an unforgettable experience in Athens, GA. The hotel's unique design and attention to details are unmatched. As a green hotel, we are one of only 15 hotels awarded LEED Gold Certification by USGBC. We're even pet-friendly and provide special amenities for your furry friend! Relax with a drink or dinner at Madison Bar and Bistro.

500 College Avenue (706) 546-0430

Athens, GA 30601

Country Inn & Suites

3.5 miles to Natatorium

Enjoy comfort and convenience at the Country Inn & Suites Athens, Georgia. Our hotel's great features include a beautiful four-story atrium lobby, along with charming décor and comfortable amenities. We provide numerous excellent services, such as free high-speed, wireless Internet access and a delicious complimentary breakfast. Our hotel's location in Athens, Georgia is also convenient to top attractions and restaurants, and we're just two miles from UGA.

236 Old Epps Bridge Rd. (706) 612-9100

Athens, GA 30601

Hilton Garden Inn

1 mile to Natatorium

The Hilton Garden in downtown Athens has 185 sleeping rooms located in the heart of historic downtown and across the street from the Classic Center., Athens's premier convention and performing arts center. The hotel is located 2 blocks from the UGA Campus with easy access to downtown restaurants, shops, and the world renowned music scene.

390 E. Washington St. (706) 354-6400

Athens, GA 30603

Holiday Inn

1 mile to Natatorium

Holiday Inn is Athens' only full service and four diamond hotel with 308 guest rooms and suites. Holiday Inn guests enjoy the comfort of in house restaurant, lounge, meeting rooms for up to 300, exercise facility and indoor pool, sundeck and whirlpool. Deluxe accommodations are available. Across the street from Downtown and UGA Campus.

197 E Broad Street (706) 549-4433

Athens, GA 30603

Holiday Inn Express

1 mile to Natatorium

As one of Athens' newest hotels it features a deluxe continental breakfast bar, fitness and business center, outdoor pool, great rooms, free local calls, coffee maker, hair dryers, iron, and data ports.

513 W Broad Street (706) 549-4433

Athens, GA 30603

Hampton Inn

3 miles to Natatorium

The Hampton Inn offers each guest a complimentary expanded continental breakfast and free local calls. Each room is equipped with a coffee maker, iron and ironing board, and hair dryer. The Hampton Inn also has a fitness center and a business center, with a computer available for use by their guests. The outdoor pool is available in the Spring and Summer.

2220 West Broad (706) 548-9600

Athens, GA 30601